

Esteetiline hambaravi uuel kõrgusel

Dr. Rafael Beolchi, DDS, MSc

Rahvusvaheline lektor · esteetiline ja restauratiivne hambaravi

KOOLITUS TOIMUB INGLISE KEELES



22.–23. OKTOOBER 2026

TALLINNA TELETORN · EESTI

I PÄEV | 22. OKTOOBER

Loengupäev · kuni 35 osalejat

**Valgendamisest restauratsioonini –
esteetiline hambaravi lihtsamalt**

VAATEPLATVORM · 21. KORRUS · 170 M

- 08:30** Registreerimine ja tervituskohv
- 09:00** Loenguprogrammi algus
- 11:00** Kohvipaus
- 11:20** Loenguprogramm jätkub
- 13:00** Lõunasöök
- 14:00** Giidiga ekskursioon Teletornis
- 14:45** Tagasi loenguruumi ja kohvipaus
- ~15:00** Loenguprogramm jätkub
- 17:30** Päeva lõpp

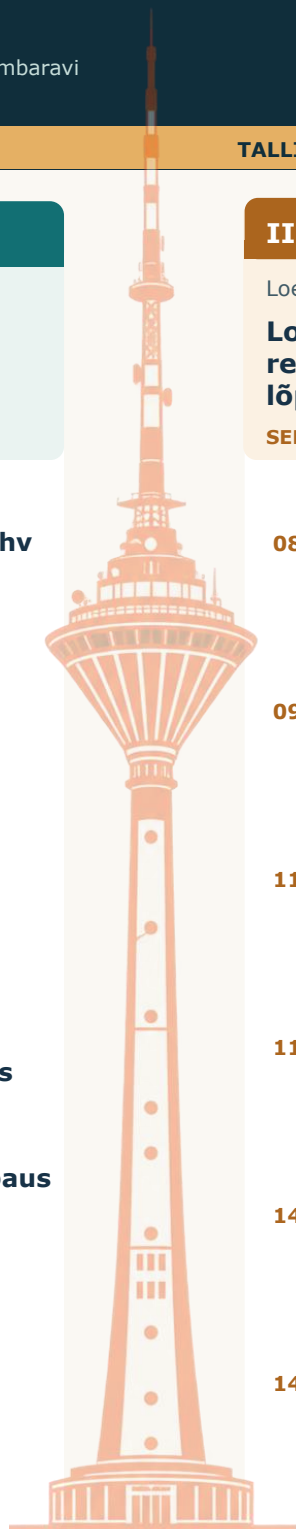
II PÄEV | 23. OKTOOBER

Loeng ja hands-on · kuni 14 osalejat

**Loomutruud esihammaste komposiit-
restauratsioonid: toonist ja vormist
lõppviimistluseni**

SEMINARIRUUM

- 08:30** Registreerimine ja tervituskohv
- 09:00** Loeng ja hands-on
- 11:00** Kohvipaus
- 11:20** Loeng ja hands-on jätkub
- 14:00** Koolituspäeva lõpp
- 14:00** Lõunasöök



OSALUSTASU

I päev

99,00 EUR

II päev

99,00 EUR

Mõlemad päevad kokku

149,00 EUR

LISAINFO ja REGISTREERIMINE

info@dabdental.ee · DAB Eesti OÜ

Aesthetic Dentistry at New Heights

Dr. Rafael Beolchi, DDS, MSc

International Lecturer · Aesthetic & Restorative Dentistry

COURSE LANGUAGE: ENGLISH**22–23 OCTOBER 2026****TALLINN TV TOWER · ESTONIA**

ABSTRACT

From Whitening to Restoration: Simplifying Esthetic Dentistry

Successful esthetic dentistry begins with understanding both tooth color and restorative materials.

Tooth whitening remains one of the most requested cosmetic procedures and plays an important role in treatment planning for direct restorations. To achieve predictable outcomes, clinicians must understand the causes of discoloration, the mechanisms of bleaching agents, and techniques to minimize sensitivity.

At the same time, advances in composite technology have simplified shade selection and esthetic restorations. New universal composites, improved adhesive systems, and enhanced finishing and light-curing protocols allow clinicians to achieve natural and long-lasting results with greater efficiency.

This lecture will explore how contemporary whitening and restorative techniques can be integrated into a simplified clinical workflow, helping practitioners deliver highly esthetic and predictable outcomes in everyday practice.

22 OCTOBER · Full-day lecture programme
23 OCTOBER · Half-day lecture and hands-on
HANDS-ON CAPACITY · 14 participants

LEARNING OBJECTIVES

Lecture by Dr. Rafael Beolchi

By the end of this lecture, participants will be able to:

- Diagnose the causes of tooth discoloration and select appropriate whitening techniques.
- Understand the biological effects of peroxide-based bleaching agents.
- Develop treatment plans that integrate whitening and direct restorative procedures.
- Apply modern concepts of color selection, translucency, and opacity in composite restorations.
- Utilize contemporary composite technologies to simplify esthetic outcomes.
- Optimize bonding, matrix placement, finishing, polishing, and light-curing protocols for predictable.

LECTURE TOPICS

- Diagnosis and management of tooth discoloration
- Whitening techniques, peroxide action, and sensitivity prevention
- Color, translucency, and opacity in esthetic dentistry
- Universal composites and modern shade-matching technologies
- Matrix systems for predictable anterior and posterior restorations
- Adhesion, light curing, finishing, and polishing for long-term success
- Contemporary materials and simplified clinical workflows for esthetic dentistry